

# Medical Consequences

## Anorexia Nervosa

- Amenorrhea
- Low blood pressure
- Hypothermia
- Constipation
- Dehydration
- Anemia
- Abdominal distress
- Bone loss
- Slowed reflexes
- Cognitive changes
- Irregular heartbeat → cardiac arrest

## Bulimia Nervosa

- Parotid gland swelling
- Erosion of dental enamel
- Edema
- Dehydration
- Constipation
- Tearing of the esophagus, bleeding
- Anemia
- Abdominal distress
- Electrolyte imbalance → irregular heartbeat → cardiac arrest