

# Stacey L (Steinberg) Nye, Ph.D., FAED

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## Education

- **PhD** - Clinical Psychology  
**Northwestern University Medical School** 1986-1991  
Chicago, IL
- **BA** - Liberal Arts/Psychology  
**University of Illinois** 1980-1984  
Champaign, IL

## Professional Experience

- **Eating Disorder Trainer** 2008-Present  
**Rogers Memorial Hospital**  
Oconomowoc, WI

Developing training manual and program for eating disorder staff on residential, inpatient and partial hospital programs.

- **Clinical Psychologist**  
**North Shore Center, LLC** 1996-Present  
Mequon, WI

Individual and group psychotherapy in private practice specializing in eating disorders, body image, women's issues, depression and anxiety.

- **Faculty Instructor**  
**Wisconsin School of Professional Psychology** 2007-Present  
Milwaukee, WI

Teach graduate-level course on the diagnosis, etiology and treatment of eating disorders.

- **Graduate Student Supervisor** 2001-2008

Supervision of Clinical Psychology doctoral candidate. Individual, couple's and family therapy for ethnically-diverse patients with eating disorders, depression, anxiety and personality issues.

- **Clinical Staff Psychologist**  
**St Mary's Hospital** 1997-1999  
Milwaukee, WI

Individual and group psychotherapy in hospital-based outpatient Eating Disorders clinic.

- **Associate Program Manager**  
Elmcrest Psychiatric Institute 1993-1995  
Portland, CT

Inpatient and partial hospital case management. Outpatient individual, group and family therapy for eating disorders. Consultations, evaluations, research, quality assurance, supervision.

- **Post Doctoral Fellow**  
Institute of Living 1992-1993  
Hartford, CT

Inpatient and partial hospital case management. Outpatient individual, group and family therapy for eating disorders.

- **Clinical Intern**  
Payne Whitney Clinic 1990-1992  
New York Hospital/Cornell Medical Center  
New York, NY

Inpatient case management, outpatient individual and group therapy with children, adolescents and adults. Psychological and neuropsychological testing.

**Hospital/Faculty  
Affiliations**

- **Columbia/St. Mary's** 1996-Present  
Milwaukee and Ozaukee
- **Roger's Memorial Hospital** 2008-Present  
Oconomowoc, WI
- **Wisconsin School of Professional Psychology** 2007-Present  
Milwaukee, WI

**Professional  
Publications**

- **Johnson, C, Tobin, D & Steinberg, S.** (1988/89). **Etiological, Developmental and Treatment Considerations for Bulimia.** *Journal of College Student Psychotherapy*, 3 (2/3/4), 57-73.
- **Johnson, C, Steinberg, S & Lewis, C.** (1988). **Bulimia.** In K. Clark, R. Parr, & W. Castelli (Eds). *Evaluation and Management of Eating Disorders* (pp.187-227). Champaign: Life Enhancement Publications.
- **Nye, S.** (2009). [Review of the book *The Muscular Ideal*]. *Journal of Eating Disorders Treatment and Prevention*, 17 (1), 95-96.
- **Nye, S.** (2008). **Tragic Optimism and the Search for Meaning: Enhancing Recovery in Psychotherapy.** *Journal of Eating Disorders Treatment and Prevention*, 16, 358-361.
- **Nye, S.** (2007). **Fellows in Profile.** *AED Forum*, 15 (3).

- **Nye, S & Cash, T.** (2006). **Outcomes of Manualized Cognitive-Behavioral Body Image Therapy with Eating Disordered Women Treated in a Private Clinical Practice.** *Journal of Eating Disorders Treatment and Prevention*, 14, 31-40.
- **Nye, S.** (2003). **Healing Through Connection: Self Disclosure in Psychotherapy.** *Journal of Eating Disorders Treatment and Prevention*, 11, 235-240.
- **Nye, S & Johnson, C.** (1999). **Eating Disorders.** In S.P. Netherton, D, Holmes, & C.E. Walker (Eds.), *Child and Adolescent Psychological Disorders* (pp. 397-414). New York: Oxford University Press.
- **Nye, S, Hurt, S, Severino, S & Shangold, G.** (1992). **Characterizing Women who seek treatment for Late Luteal Phase Dysphoric Disorder (LLPDD).** *Journal of Women's Health*, 1 (4), 301-305.
- **Steinberg, S, Tobin, D, & Johnson, C** (1990). **The role of bulimic behaviors in affect regulation: Different functions for different patient subgroups?** *International Journal of Eating Disorders*, 9, 51-55.

**Professional Presentations**

- **“Treating Eating Problems with an Intuitive Eating/Health at Every Size Approach”.** Children’s Hospital of Wisconsin, Milwaukee, WI, 2007.
- ***The Meaning of Symptoms in Recovery: Exploring “Crisis is Opportunity” to Maximize Change.*** The International Association of Eating Disorders Professionals Foundation (iaedp), Chicago, IL, 2006
- ***The Meaning of Symptoms in Recovery: Exploring “Crisis as Opportunity” to Maximize Change.*** Wisconsin Psychological Association, Madison, WI, 2006.
- ***Healing Through Connection.*** Renfrew Center Foundation, Philadelphia, PA, 2003
- ***Group Treatment of Body Image.*** Laureate Psychiatric Clinic, Tulsa, OK, 2003.
- ***Body Image.*** Mount Mary College, Milwaukee, WI, 2003
- ***Group Treatment of Body Image.*** Renfrew Center Foundation, Philadelphia, PA, 2002
- ***Eating Disorders.*** Mapledale-Indian Hill School District, Fox Point, WI, 2000.

- ***Eating Disorders.*** Whitefish Bay High School, Whitefish Bay, WI, 1999.
- ***Live Without Dieting.*** Wisconsin Society of Radiological Technologists, Milwaukee, WI, 1998.
- ***The Prevention and Identification of Eating Disorders.*** Archdiocese of Milwaukee, Milwaukee, WI, 1998.
- ***Eating Disorders.*** St. Mary's Hospital, Milwaukee, WI, 1996.
- ***Family Treatment with patients with eating disorders.*** Institute of Living, Hartford, CT, 1993

**Community  
Publications**

- **Nye, S.** (2007). **Shopping Therapy.** *Wisconsin Jewish Chronicle*, September
- **Nye, S.** (2006). **The Dangers of Living in a Safe House.** *Wisconsin Jewish Chronicle*, September.
- **Nye, S.** (2005). **Fat is Not a Feeling.** *Wisconsin Jewish Chronicle*, September.
- **Nye, S.** (2002). **Saving Our Daughters.** *Wisconsin Jewish Chronicle*, December.
- **Nye, S.** (2001). **Ditch the New Year's Resolution to Lose Weight. Lose Your Negative Body Image Instead.** *Wisconsin Jewish Chronicle*, January.
- **Nye, S.** (2000). **Exercise Resistance.** *Wisconsin Jewish Chronicle*, January.
- **Nye, S.** (1999). **Zaftig Women in a Barbie Doll World.** *Wiselives Newsletter*, February
- **Nye, S.** (1999). **Intuitive Eating.** *Wisconsin Jewish Chronicle*, October.
- **Nye, S.** (1999). **Raising Your Awareness About Eating Disorders.** *Healthwise Magazine*, February
- **Nye, S.** (1997). **Live without Dieting.** *Healthwise Magazine*, February.

## **Community Presentations**

- ***Intuitive Eating.*** North Shore Center, Mequon, WI. 2007.
- ***Bodylove: How to Stop Criticizing and Start Appreciating Your Body.*** Milwaukee School of Engineering (MSOE), Milwaukee, WI, 2007.
- ***Bodylove: How to Stop Criticizing and Start Appreciating Your Body.*** Beth El Ner Tamid Synagogue Sisterhood, Mequon, WI 2006.
- ***Identifying and Preventing Eating Disorders.*** Jewish Community Mental Health Education Project, Mequon, WI, 2006.
- ***Fostering a Positive Body Image.*** Ozaukee Family Services, Grafton, WI, 2006.
- ***Throwing Away the Dieting Myths.*** University School of Milwaukee, Mequon WI, 2005.
- ***Identifying and Healing Disconnected Eating.*** Heartland Spa, Gilman IL, 2004.
- ***Eating disorders, body image, and general psychological issues.*** Regular guest speaker for **Fox TV News**, Milwaukee Wisconsin, 1997- Present.
- ***Body Image.*** Heartland Spa, Gilman IL, 2003.
- ***Eating Disorders.*** Wisconsin Jewish Day School, Milwaukee, WI, 2002.
- ***Body Image for Adolescents.*** Jewish Community Center, Milwaukee, WI, 2002.
- ***Body Image in Children.*** Beth El Ner Tamid Synagogue, Mequon, WI. 2002
- ***Intuitive Eating.*** Jewish Community Center, Milwaukee, WI. 2001
- ***Eating Disorders.*** Mequon-Thiensville School District, Mequon, WI. 2000.
- ***Eating Disorders.*** Kohler High School, Kohler, WI, 1999.
- ***The Value of Friendship in Intimate and Non-intimate Relationships.*** Jewish Community Center, Milwaukee, WI, 1997.

**Professional Memberships**

- American Psychological Association
- Academy for Eating Disorders
- Wisconsin Psychological Association
- Wisconsin Psychoanalytic Society

**Accreditations**

WI state license #1953

**Awards Received**

- Founding Fellow, Academy for Eating Disorders (FAED), 2001
- Outstanding Young Woman of America, 1977